

# Body Measurement Charts

## KWIK SEW Imperial

### MISSES' BODY MEASUREMENTS

Size	XXS	XS	S	M	L	XL	
Bust	29 - 30	31 1/2 - 32 1/2	34 - 35 1/2	37 - 38 1/2	40 - 41 1/2	43 - 45	"
Waist	21 1/2 - 22	22 1/2 - 23 1/2	24 3/4 - 26	27 1/2 - 29	31 - 33	35 - 37	"
Hip	30 1/2 - 31 1/2	32 1/4 - 34	35 1/2 - 37	38 1/2 - 40	41 1/2 - 43 1/2	45 - 47	"
Back Waist Length	15	15 1/2	16	16 1/2	17	17	"

### WOMEN'S BODY MEASUREMENTS—PLUS SIZES

Size	1X	2X	3X	4X	
Bust	45	49	53	57	"
Waist	37	41	45	49	"
Hip	47	51	55	59	"
Back Waist Length	17	17 1/4	17 1/2	17 3/4	"

### MEN'S BODY MEASUREMENTS

Size	S	M	L	XL	XXL	
Chest	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	"
Waist	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	"
Hip	35 - 37	39 - 41	43 - 45	47 - 49	51 - 53	"
Neck	14 1/2	15 1/2	16 1/2	17 1/2	18 1/2	"

### GIRLS' BODY MEASUREMENTS

Size	4	5	6	7	8	10	12	14	16	
Height	41	44	47	50	52	56	58 1/2	61	63	"
Chest	23	24	25	26	27	28	30	32	34	"
Waist	21 1/2	22	22 1/2	23	23 1/2	24 1/2	25 1/2	26 1/2	27	"
Hip	23 1/2	24 1/2	25 1/2	27	28	30	32	34	36	"

### BOYS' BODY MEASUREMENTS

Size	4	5	6	7	8	10	12	14	16	
Height	41	44	47	48	50	54	58	61	64	"
Chest	23	24	25	26	27	28	30	32	34	"
Waist	21 1/2	22	22 1/2	23	24	25	26	27	28	"
Hip	23 1/2	24 1/2	25 1/2	27	28	29 1/2	31	32 1/2	34	"

### GIRLS' & BOYS' BODY MEASUREMENTS

Size	XXS (3)	XS (4 - 5)	S (6)	M (7 - 8)	L (10)	XL (12 - 14)	
Height	38	42	46	50	55	60	"
Chest	22	23 1/2	25	26 1/2	28 1/2	31	"
Waist	21	22	23	24	25	27	"
Hip	22 1/2	24	25 1/2	27 1/2	30	32	"

### TODDLERS' BODY MEASUREMENTS

Toddler garments have diaper allowance.

Size	T1	T2	T3	T4	
Height	31	34	37	40	"
Chest	20	21	22	23	"
Waist	20	20 1/2	21	21 1/2	"
Hip	20 1/2	21 1/2	22 1/2	23 1/2	"

### BABY

Size	XS	S	M	L	XL	XXL	
Age	Newborn	0 - 3	3 - 6	6 - 12	12 - 18	18 - 24	month
Height	21	24	26 1/2	29	31 1/2	34	"
Weight	8	13	18	22	26	29	lb

# Body Measurement Charts

## KWIK SEW Metric

### MISSES' BODY MEASUREMENTS

Size	XXS	XS	S	M	L	XL	
Bust	73 - 76	80 - 83	86 - 90	94 - 98	102 - 106	110 - 114	cm
Waist	54 - 56	57 - 60	63 - 66	70 - 74	79 - 84	89 - 94	cm
Hip	77 - 80	82 - 86	90 - 94	98 - 102	106 - 110	115 - 120	cm
Back Waist Length	38	39	41	42	43	43	cm

### WOMEN'S BODY MEASUREMENTS—PLUS SIZES

Size	1X	2X	3X	4X	
Bust	114	124	134	144	cm
Waist	94	104	114	124	cm
Hip	119	129	139	149	cm
Back Waist Length	43.5	44	44.5	45	cm

### MEN'S BODY MEASUREMENTS

Size	S	M	L	XL	XXL	
Chest	86 - 91	96 - 101	106 - 111	116 - 122	127 - 132	cm
Waist	71 - 76	81 - 86	91 - 96	101 - 106	111 - 116	cm
Hip	89 - 94	99 - 104	109 - 114	119 - 124	129 - 134	cm
Neck	37	39	42	44	47	cm

### GIRLS' BODY MEASUREMENTS

Size	4	5	6	7	8	10	12	14	16	
Height	104	112	119	127	132	142	149	155	160	cm
Chest	58	61	63	66	68	71	76	81	86	cm
Waist	54	56	57	58	59	62	64	67	68	cm
Hip	59	62	65	68	71	76	81	86	91	cm

### BOYS' BODY MEASUREMENTS

Size	4	5	6	7	8	10	12	14	16	
Height	104	112	119	122	127	137	147	155	162	cm
Chest	58	61	63	66	68	71	76	81	86	cm
Waist	54	56	57	58	61	63	66	68	71	cm
Hip	59	62	65	68	71	75	78	82	86	cm

### GIRLS' & BOYS' BODY MEASUREMENTS

Size	XXS (3)	XS (4-5)	S (6)	M (7-8)	L (10)	XL (12-14)	
Height	96	107	117	127	140	152	cm
Chest	56	60	64	67	72	79	cm
Waist	53	56	58	61	64	68	cm
Hip	57	61	65	70	76	81	cm

### TODDLERS' BODY MEASUREMENTS

Toddler garments have diaper allowance.

Size	T1	T2	T3	T4	
Height	79	86	94	102	cm
Chest	51	53	56	58	cm
Waist	51	52	53	54	cm
Hip	52	54	57	59	cm

### BABY

Size	XS	S	M	L	XL	XXL	
Age	Newborn	0 - 3	3 - 6	6 - 12	12 - 18	18 - 24	month
Height	53	61	67	74	80	86	cm
Weight	3.5	6	8	10	12	13	kg